Important Information

Approved Use

INGREZZA® (valbenazine) capsules is a prescription medicine used to treat adults with movements in the face, tongue, or other body parts that cannot be controlled (tardive dyskinesia).

It is not known if INGREZZA is safe and effective in children.

IMPORTANT SAFETY INFORMATION

Do not take INGREZZA if you:

• are allergic to valbenazine, or any of the ingredients in INGREZZA.

Before taking INGREZZA, tell your healthcare provider about all of your medical conditions including if you: have liver or heart problems, are pregnant or plan to become pregnant, or are breastfeeding or plan to breastfeed.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

Please see additional Important Safety Information on page 9 and accompanying INGREZZA Patient Information.
**Tardive dyskinesia (TD): Persistent, uncontrollable body movements**

If you have persistent, uncontrollable movements and are taking certain mental health meds, it’s time to ask your healthcare provider about a treatable condition called TD.

**TD movements can occur anywhere in the body:**

- Face (mouth, lips, tongue, jaw, eyes)
- Upper body (arms, torso)
- Hands/fingers
- Legs
- Feet/toes

**INGREZZA.com/Movements**

**Important Safety Information (cont.)**

**INGREZZA may cause serious side effects, including:**

- **Sleepiness (somnolence).** Do not drive, operate heavy machinery, or do other dangerous activities until you know how INGREZZA affects you.

- **Heart rhythm problems (QT prolongation).** INGREZZA may cause a heart problem known as QT prolongation.

  **Symptoms of QT prolongation may include:**
  - fast, slow, or irregular heartbeat
  - shortness of breath
  - dizziness or fainting

  Tell your healthcare provider right away if you have a change in your heartbeat (a fast or irregular heartbeat), or if you faint.

- **Abnormal movements (Parkinson-like).** Symptoms include: shaking, body stiffness, trouble moving or walking, or keeping your balance.

**What medicines can cause TD?**

You may have been prescribed certain mental health medicines (antipsychotics) to treat one of these conditions:

- Depression
- Bipolar disorder
- Schizophrenia/schizoaffective disorder
- Anxiety disorder

If you are currently taking antipsychotic medicine, do not stop, adjust, or switch your medicine without talking to your healthcare provider.

Please see additional Important Safety Information on page 9 and accompanying INGREZZA Patient Information.
Living with TD

You’ve worked hard to improve your mental health. Don’t let uncontrollable movements hold you back. Even mild TD movements can affect your work, social outings, and daily activities.* Those movements can also affect your emotional well-being.*

“I had a lot of jaw and tongue movements, and some in my feet and hands. I remember someone took a video of me doing karaoke. It was the first time I saw what my movements looked like…and I didn’t like what I saw.”

– Steve, living with bipolar disorder and tardive dyskinesia
Steve was compensated by Neurocrine Biosciences, Inc. to share his story

“Because of my uncontrollable body movements] I was extremely self-conscious, embarrassed, and withdrawn. I had a very active lifestyle before these movements.”

– Moira, living with depression and tardive dyskinesia
Moira was compensated by Neurocrine Biosciences, Inc. to share her story

Caring for someone with TD

If you’re the care partner of someone with uncontrollable body movements from TD, it’s helpful to remember that your loved one:

• May not be aware that their uncontrollable movements are TD
• Might not want to seek help because they don’t understand what’s happening with their body

Many people with tardive dyskinesia (TD) reported feelings of anxiety, frustration, and low self-esteem.*

Is TD impacting you? Ask your healthcare provider about reducing uncontrollable movements with the simple, once-daily treatment for TD—INGREZZA® (valbenazine) capsules.

*In a survey, 127 people diagnosed with TD were asked, “TD may impact you in many different ways. To what extent has TD impacted you in each of the following areas?” Answers were based on a scale of 1 (not impacted at all) to 7 (extremely impacted).

Watch real patient stories at INGREZZA.com/Stories

Please see additional Important Safety Information on page 9 and accompanying INGREZZA Patient Information.
What is INGREZZA?

INGREZZA is different. It’s the simple, once-daily treatment proven to reduce TD that’s #1 prescribed.

INGREZZA® (valbenazine) capsules is used to treat adults with TD in the face, tongue, and other body parts. It is not known if INGREZZA is safe and effective in children.

Some mental health medicines (antipsychotics) can cause abnormal dopamine signaling in the brain, which can lead to uncontrollable body movements from TD. These movements are unlikely to improve without treatment.

Current research suggests that INGREZZA helps by correcting this abnormal dopamine signaling; however, how INGREZZA works to treat TD is not fully understood.

• Dopamine is a chemical in the brain that helps control movement
• TD may be caused by too much dopamine signaling in the brain
• INGREZZA is believed to reduce extra dopamine signaling

Learn more about how INGREZZA works at INGREZZA.com/HowItWorks

Important Safety Information (cont.)

INGREZZA may cause serious side effects, including:

• Sleepiness (somnolence). Do not drive, operate heavy machinery, or do other dangerous activities until you know how INGREZZA affects you.

• Heart rhythm problems (QT prolongation). INGREZZA may cause a heart problem known as QT prolongation.

Symptoms of QT prolongation may include:

• fast, slow, or irregular heartbeat
• shortness of breath
• dizziness or fainting

Tell your healthcare provider right away if you have a change in your heartbeat (a fast or irregular heartbeat), or if you faint.

• Abnormal movements (Parkinson-like). Symptoms include: shaking, body stiffness, trouble moving or walking, or keeping your balance.
Simple dosing with INGREZZA

One capsule, once a day

Take any time

With or without food

INGREZZA is available in 3 effective dosages. The recommended dose of INGREZZA is 80 mg.

Your healthcare provider will start you on 40 mg for 1 week and may keep you on 40 mg, or switch you to 60 mg or 80 mg, depending on your treatment needs.

Take INGREZZA exactly as your healthcare provider tells you.

Your healthcare provider will tell you what dose of INGREZZA* (valbenazine) capsules to take and when to take it.

- INGREZZA can be taken with or without food
- Do not stop taking INGREZZA without first talking to your healthcare provider
- If you take too much INGREZZA, call your poison control center at 1-800-222-1222

Not actual size

Actor portrayal

Proven to reduce uncontrolled TD movements

In a clinical study, many people taking INGREZZA began to see results in as little as 2 weeks.* People taking INGREZZA for TD can stay on their current dose of most mental health medicines and therefore maintain their mental health progress.

*INGREZZA was studied in a 6-week clinical trial. A total of 234 people participated in the study. Results were based on 79 people taking the recommended dose of 80 mg.

7 out of 10 people taking INGREZZA 80 mg saw reduction in uncontrollable body movements at 6 weeks.†

†Patients had at least a 1-point reduction on an uncontrollable movement severity scale at 6 weeks vs before treatment. This post-clinical study evaluation included 70 patients taking INGREZZA 80 mg, measuring uncontrollable movements before starting treatment and at 6 weeks of treatment.

In a long-term study, INGREZZA provided continued reduction in uncontrollable body movements through 48 weeks.

What is the most common side effect?

The most common side effect of INGREZZA is sleepiness (somnolence). Other side effects include changes in balance (balance problems, dizziness) or an increased risk of falls, headache, feelings of restlessness, dry mouth, constipation, and blurred vision.

Please see additional Important Safety Information on page 9 and accompanying INGREZZA Patient Information.
See the difference INGREZZA can make with your TD movements
Shift the focus more on you

“Now that my TD movements have reduced, I have an easier time engaging in conversation with family and friends. I can look people in the eye again without being afraid my movements will be a distraction.”
Individual results may vary

– Bethany, living with schizophrenia and tardive dyskinesia
Bethany was compensated by Neurocrine Biosciences, Inc. to share her story

“"It was a relief to know there were treatment options. And that something was available to help me with my TD symptoms.”
Individual results may vary

– Steve, living with bipolar disorder and tardive dyskinesia
Steve was compensated by Neurocrine Biosciences, Inc. to share his story

Find a specialist—talk about your TD movements

Talking to a healthcare provider who has experience in treating TD is the first step to helping you become more in control of your uncontrollable body movements.

Whether your uncontrollable body movements are mild, moderate, or severe, connecting with a psychiatry or neurology healthcare provider who has experience diagnosing and treating TD is important.

Find a specialist near you and ask about INGREZZA—the simple, once-daily treatment for TD that’s #1 prescribed.
INGREZZA.com/Specialist

What else should you know about side effects?

These are not all of the possible side effects of INGREZZA. Call your doctor for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit MedWatch at www.fda.gov/medwatch or call 1-800-FDA-1088.

If you or your loved one has TD, ask a healthcare provider if INGREZZA® (valbenazine) capsules could help reduce uncontrollable body movements.

Please see additional Important Safety Information on page 9 and accompanying INGREZZA Patient Information.
INGREZZA and your mental health medicines

In a clinical study, psychiatric status remained stable overall in people taking INGREZZA® (valbenazine) capsules for TD, including those who were also taking medicine for:

- Depression
- Bipolar disorder
- Schizophrenia/schizoaffective disorder
- Anxiety disorder

People taking INGREZZA for TD can stay on their current dose of most mental health medicines.

Do not stop taking INGREZZA without talking to your healthcare provider first.

Tell your healthcare provider about all the medicines you take, including:

- Prescription medicines
- Over-the-counter medicines
- Vitamins
- Herbal supplements

INGREZZA side effects

In a clinical study, the most common side effect while taking INGREZZA was sleepiness.

INGREZZA may cause serious side effects, including:

- Sleepiness
- Heart rhythm problems
- Abnormal movements, including shaking, body stiffness, trouble moving or walking, or keeping your balance

Other side effects included:

- Changes in balance (balance problems, dizziness) or an increased risk of falls
- Headache
- Feelings of restlessness
- Dry mouth
- Constipation
- Blurred vision

These are not all of the possible side effects of INGREZZA.

What should I do if I experience side effects?

Call your healthcare provider for medical advice about side effects.

To report side effects to the FDA, call 1-800-FDA-1088.

Please see additional Important Safety Information on page 9 and accompanying INGREZZA Patient Information.
The INBRACE® Support Program is dedicated to helping you on your treatment journey.

The INBRACE® Support Program is designed to help patients who are prescribed INGREZZA® (valbenazine) capsules by assisting with prescription fulfillment, providing financial assistance options, and product support.

You may pay as little as a $0 copay on your INGREZZA prescription.*

*This offer is valid only for patients who have commercial (nongovernment-funded) insurance. Additional terms and conditions apply.

INGREZZA is available through a select network of specialty and local affiliated pharmacies. A specialty pharmacy provides medicines that aren’t typically available at your local retail pharmacy.

Once coverage has been authorized, INGREZZA will be shipped directly to you via overnight mail.

In some cases, your healthcare provider may send your prescription to a local affiliated pharmacy. This pharmacy will work with you and your provider to fill your INGREZZA prescription.

The specialty pharmacy will call you to discuss delivery and other important details about INGREZZA. Each time your prescription needs to be refilled, the specialty pharmacy may call to verify your information. These calls may come from an unidentified toll-free number, so be sure to answer your phone.

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Important Information

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It is not known if INGREZZA is safe and effective in children.

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Do not take INGREZZA if you:

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INGREZZA may cause serious side effects, including:

• Sleepiness (somnolence). Do not drive, operate heavy machinery, or do other dangerous activities until you know how INGREZZA affects you.

• Heart rhythm problems (QT prolongation). INGREZZA may cause a heart problem known as QT prolongation.

Symptoms of QT prolongation may include:

• fast, slow, or irregular heartbeat
• shortness of breath
• dizziness or fainting

Tell your healthcare provider right away if you have a change in your heartbeat (a fast or irregular heartbeat), or if you faint.

• Abnormal movements (Parkinson-like). Symptoms include: shaking, body stiffness, trouble moving or walking, or keeping your balance.

Important Safety Information (cont.)

Before taking INGREZZA, tell your healthcare provider about all of your medical conditions including if you: have liver or heart problems, are pregnant or plan to become pregnant, or are breastfeeding or plan to breastfeed.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

The most common side effect of INGREZZA is sleepiness (somnolence). Other side effects include changes in balance (balance problems, dizziness) or an increased risk of falls, headache, feelings of restlessness, dry mouth, constipation, and blurred vision.

These are not all of the possible side effects of INGREZZA. Call your doctor for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit MedWatch at www.fda.gov/medwatch or call 1-800-FDA-1088.

Please see accompanying INGREZZA Patient Information
Ready to take the next step?

You've worked hard to improve your mental health. Don't let uncontrolled movements hold you back.

Complete our Doctor Discussion Guide to help start the conversation about TD and INGREZZA® (valbenazine) capsules—the simple, once-daily treatment for TD that's #1 prescribed—at INGREZZA.com/DiscussionGuide

What is the most common side effect of INGREZZA?

The most common side effect of INGREZZA is sleepiness (somnolence). Other side effects include changes in balance (balance problems, dizziness) or an increased risk of falls, headache, feelings of restlessness, dry mouth, constipation, and blurred vision.

These are not all the possible side effects of INGREZZA. Call your doctor for medical advice about side effects. You may report side effects to the FDA at 1-800-FDA-1088.

Why treat TD with INGREZZA?

Since TD is unlikely to get better on its own, it's important to take control and talk to your healthcare provider about treatment.

INGREZZA is the simple, once-daily treatment for tardive dyskinesia (TD).

INGREZZA is the #1 most prescribed treatment for TD.

People taking INGREZZA for TD can stay on their current dose of most mental health medicines.

Select Important Safety Information

Do not take INGREZZA if you:

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