

A CAREGIVER'S
GUIDE TO
INGREZZA FOR
HD CHOREA

Find out how INGREZZA could be the optimal approach to treating HD chorea for your loved one



### Important Information

### **Approved Uses**

INGREZZA® (valbenazine) capsules or INGREZZA® SPRINKLE (valbenazine) capsules are prescription medicines used to treat adults with:

- movements in the face, tongue, or other body parts that cannot be controlled (tardive dyskinesia).
- involuntary movements (chorea) of Huntington's disease. INGREZZA or INGREZZA SPRINKLE do not cure the cause of involuntary movements, and do not treat other symptoms of Huntington's disease, such as problems with thinking or emotions.

It is not known if INGREZZA or INGREZZA SPRINKLE is safe and effective in children.

#### SELECT IMPORTANT SAFETY INFORMATION

INGREZZA or INGREZZA SPRINKLE can cause serious side effects in people with Huntington's disease, including: depression, suicidal thoughts, or suicidal actions. Tell your healthcare provider before you start taking INGREZZA or INGREZZA SPRINKLE if you have Huntington's disease and are depressed (have untreated depression or depression that is not well controlled by medicine) or have suicidal thoughts. Pay close attention to any changes, especially sudden changes, in mood, behaviors, thoughts, or feelings. This is especially important when INGREZZA or INGREZZA SPRINKLE is started and when the dose is changed. Call your healthcare provider right away if you become depressed, have unusual changes in mood or behavior, or have thoughts of hurting yourself.

# DO YOU HAVE A LOVED ONE WITH HD WHO IS EXPERIENCING UNCONTROLLABLE BODY MOVEMENTS?

Huntington's disease (HD) is a hereditary disorder that causes nerve cells in the brain to gradually break down. Over time, this damage causes symptoms that can affect your loved one physically, mentally, and emotionally.

~90%
OF PEOPLE

THE MAJORITY (~90%) OF PEOPLE WITH HD WILL EXPERIENCE CHOREA (UNCONTROLLABLE MOVEMENTS)—THE DEFINING SYMPTOM OF HD

HD chorea is progressive and some of the areas it affects can include:



**Finger and hand coordination:** loss of muscle control can lead to problems with manual dexterity



Walking: balance issues can lead to falls



**Mouth movements:** uncontrollable movements can cause difficulty with talking and chewing



Swallowing: swallowing difficulties may lead to choking

#### SELECT IMPORTANT SAFETY INFORMATION

### Do not take INGREZZA or INGREZZA SPRINKLE if you:

 are allergic to valbenazine, or any of the ingredients in INGREZZA or INGREZZA SPRINKLE.





If you notice these symptoms in your loved one, you should start a conversation with your healthcare provider—even if the symptoms are mild.

Over time, HD chorea may worsen, which could make daily life more difficult for those living with HD and their caregivers

### STAGES OF HD CHOREA

**EARLY** A gradual increase in uncontrollable movements may impact daily function

MIDDLE Chorea may become worse, leading to increased difficulty with muscle control

Chorea may become severe or stabilize; people may also experience muscle stiffness and the inability to walk or speak



## CHOREA IS MORE THAN JUST THE MOST COMMON SYMPTOM OF HD—FOR MANY CAREGIVERS IT CAN BE THE MOST IMPACTFUL SYMPTOM\*

\*In an HDSA survey of 701 caregivers for someone with HD, 30% reported chorea as the most impactful individual symptom on daily life.

### SELECT IMPORTANT SAFETY INFORMATION INGREZZA Or INGREZZA SPRINKLE can cause serious side effects, including:

• Allergic reactions. Allergic reactions, including an allergic reaction that causes sudden swelling called angioedema, can happen after taking the first dose or after many doses of INGREZZA or INGREZZA SPRINKLE. Signs and symptoms of allergic reactions and angioedema include: trouble breathing or shortness of breath, swelling of your face, lips, eyelids, tongue, or throat, or other areas of your skin, trouble with swallowing, or rash, including raised, itchy red areas on your skin (hives). Swelling in the throat can be life-threatening and can lead to death. Stop taking INGREZZA or INGREZZA SPRINKLE and go to the nearest emergency room right away if you develop these signs and symptoms of allergic reactions and angioedema.



### **CHALLENGES FOR CAREGIVERS**

# OF THOSE LIVING WITH HD CHOREA

The impact of chorea doesn't just affect those diagnosed with HD—it affects those who live with and care for them as well.

### NEARLY ALL (99%) OF PEOPLE WITH HD CHOREA WHO WERE SURVEYED REQUIRED SOME FORM OF ASSISTANCE WITH SELF-CARE ACTIVITIES, INCLUDING\*:

- Preparing meals
- Eating
- Dressing/bathing
- Taking medication
- Planning and engaging in everyday activities
- · Traveling out of the home
- Emotional support

Those with HD chorea were also 2X more likely to require a caregiver who was responsible for their daily needs than those without chorea symptoms\*

\*Results based on a survey of 144 healthcare providers and 427 people with HD.



## THERE IS NOT YET A CURE OR TREATMENT TO DELAY HD PROGRESSION, BUT **THERE ARE MEDICATIONS THAT CAN HELP CONTROL HD CHOREA**

Don't wait until your loved one's movements have started affecting daily living to begin a conversation with their healthcare provider about appropriately managing HD chorea.

### SELECT IMPORTANT SAFETY INFORMATION INGREZZA Or INGREZZA SPRINKLE can cause serious side effects, including:

• Sleepiness and tiredness that could cause slow reaction times (somnolence and sedation). Do not drive a car or operate dangerous machinery until you know how INGREZZA Or INGREZZA SPRINKLE affects you. Drinking alcohol and taking other medicines may also cause sleepiness during treatment with INGREZZA Or INGREZZA SPRINKLE.





Because HD is a progressive disease, the demands of caregiving can feel overwhelming. Scan or visit INGREZZA.com to find tips on self-care.



### SELECT IMPORTANT SAFETY INFORMATION

INGREZZA or INGREZZA SPRINKLE can cause serious side effects, including:

• Heart rhythm problems (QT prolongation). INGREZZA or INGREZZA SPRINKLE may cause a heart rhythm problem known as QT prolongation. You have a higher chance of getting QT prolongation if you also take certain other medicines during treatment with INGREZZA or INGREZZA SPRINKLE. Tell your healthcare provider right away if you develop any signs or symptoms of QT prolongation, including: fast, slow, or irregular heartbeat (heart palpitations), shortness of breath, dizziness or lightheadedness, or fainting or feeling like you are going to faint.



# ASK YOUR LOVED ONE'S HEALTHCARE PROVIDER ABOUT INGREZZA, FDA APPROVED FOR HD CHOREA



The only treatment proven to reduce HD chorea that's available in a sprinkle formulation for those with trouble swallowing, and always one capsule, once daily.

FDA approved for over 7 years with more than 1 million prescriptions filled across indications.\*

\*Approved for tardive dyskinesia (TD) in 2017 and approved for Huntington's disease (HD) chorea in 2023.

**Scan or visit <u>INGREZZA.com</u>** to learn how INGREZZA® (valbenazine) capsules could be the optimal approach to treating HD chorea for your loved one.



### **SELECT IMPORTANT SAFETY INFORMATION**

INGREZZA or INGREZZA SPRINKLE can cause serious side effects, including:

Neuroleptic Malignant Syndrome (NMS). NMS is a serious condition
that can lead to death. Call a healthcare provider right away or go to the
nearest emergency room if you develop these symptoms and they do not
have another obvious cause: high fever, stiff muscles, problems thinking,
irregular pulse or blood pressure, increased sweating, or very fast or
uneven heartbeat.



# ONLY INGREZZA OFFERS SIMPLE DOSING

### INGREZZA MAKES DOSING SIMPLE FROM THE START:



Starts at an effective dose



Also available in sprinkle formulation



Always one capsule, once daily



Taken any time

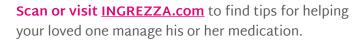


With or without food



Can be added to most stable mental health regimens

Remembering when and how to take medication can be challenging for anyone, but even more so for those living with HD.





#### SELECT IMPORTANT SAFETY INFORMATION

INGREZZA or INGREZZA SPRINKLE can cause serious side effects, including:

• Parkinson-like symptoms. Symptoms include: body stiffness, drooling, trouble moving or walking, trouble keeping your balance, shaking (tremors), or falls.



### ONLY INGREZZA ALSO OFFERS

# THE BENEFIT OF A SPRINKLE FORMULATION

Most people with HD chorea will experience swallowing issues. When you and your loved one are choosing treatment, start with INGREZZA® (valbenazine) capsules—an HD chorea treatment that offers simple dosing options throughout your loved one's treatment journey.

Only INGREZZA is available in a sprinkle formulation for those with trouble swallowing and is always one capsule, once daily.

### INGREZZA® SPRINKLE (valbenazine) capsules:



3 effective dosing strengths



Easy to open



May be sprinkled on soft food

#### SELECT IMPORTANT SAFETY INFORMATION

Before taking INGREZZA or INGREZZA SPRINKLE, tell your healthcare provider about all of your medical conditions including if you: have liver or heart problems, are pregnant or plan to become pregnant, or are breastfeeding or plan to breastfeed.





### Three effective strengths means simple dosing with no complex dose adjustments

Your loved one's healthcare provider will start him or her on 40 mg for 2 weeks and may increase the dosage every 2 weeks to 60 mg or 80 mg, depending on his or her treatment needs. The recommended dose of INGREZZA is 80 mg.

### **INGREZZA** capsules:



60 mg Not actual size

80 mg

#### SELECT IMPORTANT SAFETY INFORMATION

40 mg

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Make sure you tell all of your healthcare providers that you are taking INGREZZA or INGREZZA SPRINKLE. Taking INGREZZA or INGREZZA SPRINKLE with certain other medicines may cause serious side effects. Especially tell your healthcare provider if you: take digoxin or take or have taken a monoamine oxidase inhibitor (MAOI) medicine. You should not take INGREZZA or INGREZZA SPRINKLE if you are taking, or have stopped taking, a MAOI within the last 14 days.



# WHAT MAKES INGREZZA DIFFERENT?

Unlike other medications approved to treat HD chorea, INGREZZA® (valbenazine) capsules selectively and specifically targets a protein called VMAT2.\* VMAT2 aids in the release of dopamine.

Current research suggests that INGREZZA reduces abnormal dopamine signaling that causes HD chorea. However, how INGREZZA works to treat HD chorea is not fully understood.



Dopamine is a chemical in the brain that helps control movement.



HD chorea may be caused by **too much dopamine signaling in the brain.** 





INGREZZA selectively and **specifically targets VMAT2,\*** a protein that aids in the release of dopamine...





...which is believed to **reduce this** abnormal dopamine signaling.

### SELECT IMPORTANT SAFETY INFORMATION

The most common side effects of INGREZZA or INGREZZA SPRINKLE in people with tardive dyskinesia are sleepiness and tiredness.



<sup>\*</sup>Based on laboratory tests. This does not imply a treatment advantage.

# INGREZZA TAKES HD CHOREA CONTROL A STEP FORWARD



In the clinical study, most people began to experience improvement at 2 weeks.\* Significant improvement was shown at 12 weeks vs placebo.

\*In a post-clinical study evaluation, 51 of 64 patients (80%) taking INGREZZA 40 mg had at least a 1-point reduction in TMC (Total Maximal Chorea) score at 2 weeks vs before treatment, vs 43 of 60 (72%) for those taking placebo.

†INGREZZA was studied in a 12-week clinical trial. A total of 128 patients participated in the study. Results were based on 64 patients taking INGREZZA 40 mg, 60 mg, or 80 mg. The primary efficacy endpoint was change in TMC from the baseline to maintenance periods.

#### SELECT IMPORTANT SAFETY INFORMATION

The most common side effects of INGREZZA OR INGREZZA SPRINKLE in people with chorea associated with Huntington's disease include sleepiness and tiredness, raised itchy red areas on your skin (hives), rash, and trouble getting to sleep or staying asleep.

These are not all of the possible side effects of INGREZZA or INGREZZA SPRINKLE. Call your doctor for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit MedWatch at <a href="https://www.fda.gov/medwatch">www.fda.gov/medwatch</a> or call <a href="https://www.fda.gov/medwatch">1-800-FDA-1088</a>.

**Dosage Forms and Strengths:** INGREZZA and INGREZZA SPRINKLE are available in 40 mg, 60 mg, and 80 mg capsules.



# INGREZZA **SIGNIFICANTLY IMPROVED** HD CHOREA



People taking INGREZZA® (valbenazine) capsules experienced greater HD chorea improvement vs placebo as measured by TMC score\*

Most people taking INGREZZA experienced clinically meaningful improvement at **12 weeks**<sup>†</sup>

\*4.6-point improvement seen with INGREZZA (n=58) vs 1.4 with placebo (n=54) in TMC score from the start to the end of the 12-week clinical study.

†Most patients (57%) experienced clinically meaningful improvements, defined as a 4-point or greater change in TMC score.

#### SELECT IMPORTANT SAFETY INFORMATION

INGREZZA or INGREZZA SPRINKLE can cause serious side effects in people with Huntington's disease, including: depression, suicidal thoughts, or suicidal actions. Tell your healthcare provider before you start taking INGREZZA or INGREZZA SPRINKLE if you have Huntington's disease and are depressed (have untreated depression or depression that is not well controlled by medicine) or have suicidal thoughts. Pay close attention to any changes, especially sudden changes, in mood, behaviors, thoughts, or feelings. This is especially important when INGREZZA or INGREZZA SPRINKLE is started and when the dose is changed. Call your healthcare provider right away if you become depressed, have unusual changes in mood or behavior, or have thoughts of hurting yourself.



# SIGNIFICANTLY MORE PATIENTS AND HEALTHCARE PROVIDERS REPORTED IMPROVEMENT WITH INGREZZA

**53% of people** in the clinical study reported their overall HD chorea as "very much improved" or "much improved" with the help of INGREZZA vs 26% for placebo at 12 weeks.

VERY MUCH IMPROVED 53%

VS PLACEBO\* 26%

‡53% of patients (29/55) taking INGREZZA vs 26% of those taking placebo (14/53), based on patient-reported chorea severity scale (PGI-C scale) at 12 weeks vs before treatment.

**43% of healthcare professionals** in the clinical study reported HD chorea as "very much improved" or "much improved" with the help of INGREZZA vs 13% for placebo at 12 weeks.<sup>§</sup>

VERY MUCH IMPROVED 43%

13% VS PLACEBO

§43% of patients (24/56) taking INGREZZA vs 13% of those taking placebo (7/53) based on clinician-reported chorea severity (CGI-C scale) at 12 weeks vs before treatment.

#### SELECT IMPORTANT SAFETY INFORMATION

### Do not take INGREZZA or INGREZZA SPRINKLE if you:

 are allergic to valbenazine, or any of the ingredients in INGREZZA or INGREZZA SPRINKLE.



### INGREZZA **SAFETY PROFILE**

In the clinical study, the INGREZZA® (valbenazine) capsules safety profile was shown to be generally well tolerated.

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### INGREZZA or INGREZZA SPRINKLE can cause serious side effects, including:

- Allergic reactions, including an allergic reaction that causes sudden swelling (angioedema)
- Sleepiness and tiredness that could cause slow reaction times (somnolence and sedation)
- Heart rhythm problems (QT prolongation)
- Neuroleptic Malignant Syndrome (NMS)
- Parkinson-like symptoms including body stiffness, drooling, trouble moving or walking, trouble keeping your balance, shaking (tremors), or falls

The most common side effects of INGREZZA or INGREZZA SPRINKLE in people with chorea associated with Huntington's disease include sleepiness and tiredness, raised itchy red areas on your skin (hives), rash, and trouble getting to sleep or staying asleep.

These are not all of the possible side effects of INGREZZA or INGREZZA SPRINKLE. Call your doctor for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit MedWatch at <a href="https://www.fda.gov/medwatch">www.fda.gov/medwatch</a> or call 1-800-FDA-1088.

People with Huntington's disease have a higher risk of depression and suicidal thoughts or actions. INGREZZA is a VMAT2 inhibitor. VMAT2 inhibitors are a group of medicines that all include the warning that they could increase this risk.





# PEOPLE COMPLETED THE STUDY

Nearly all people (9 out of 10) taking INGREZZA completed the full 12-week clinical study, with 4 out of 5 able to tolerate the highest dose.

### Looking for support? Scan or visit INGREZZA.com

to find organizations that can provide additional information about HD, opportunities to connect with HD and movement specialists at Centers of Excellence, as well as other helpful tips and resources for patients and caregivers living with HD chorea.



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### WHAT HAPPENS NEXT

# AFTER YOUR LOVED ONE IS PRESCRIBED INGREZZA?



The INBRACE® Support
Program is here to support
you and your loved one and is
designed to help guide those
prescribed INGREZZA through
their treatment journey.



INGREZZA® (valbenazine) capsules is available through a select network of specialty and local affiliated pharmacies.

A specialty pharmacy provides medicines that aren't typically available at your local retail pharmacy. Once coverage has been authorized, INGREZZA will be shipped directly to you via overnight mail.

The specialty pharmacy will call to discuss delivery and other important details about INGREZZA. Each time your prescription needs to be refilled, the specialty pharmacy may call to verify your information. These calls may come from an unidentified toll-free number, so be sure to answer your phone.

TO LEARN MORE ABOUT THE INBRACE® SUPPORT PROGRAM, CALL 1-84-INGREZZA (1-844-647-3992) 8 AM TO 8 PM ET, MONDAY THROUGH FRIDAY, OR VISIT INGREZZA.COM/SAVINGS



# FINANCIAL ASSISTANCE PROGRAMS MAY BE AVAILABLE

\$0

### **COPAY SAVINGS CARD**

\$0 copay program can make INGREZZA out-of-pocket costs for eligible patients less expensive than generics.\*

\*This offer is valid only for patients who have commercial (nongovernment-funded) insurance. Additional terms and conditions apply.

### INGREZZA START PROGRAM

The INGREZZA Start Program is a free trial (one-month supply) of INGREZZA available for new patients. Your healthcare provider can enroll you in the INGREZZA Start Program by downloading the enrollment form from the INBRACE® website and submitting the completed form on your behalf.

### INGREZZA PATIENT ASSISTANCE PROGRAM

The INGREZZA Patient Assistance Program is designed for patients who do not have insurance or prescription coverage for their INGREZZA prescription, or who otherwise demonstrate a qualifying financial need to help pay for their prescription. If you meet program participation criteria, you may be eligible to receive your INGREZZA prescription at no cost.<sup>‡</sup>

†This program is not contingent on a purchase of any kind. Product dispensed under this free trial program may not be submitted for reimbursement to any third-party payer. We reserve the right to modify or cancel the program at any time. ‡Additional terms and conditions apply.



### IMPORTANT SAFETY INFORMATION

### **Important Information**

### **Approved Uses**

INGREZZA® (valbenazine) capsules or INGREZZA® SPRINKLE (valbenazine) capsules are prescription medicines used to treat adults with:

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### **IMPORTANT SAFETY INFORMATION (CONTINUED)**

- Sleepiness and tiredness that could cause slow reaction times (somnolence and sedation). Do not drive a car or operate dangerous machinery until you know how INGREZZA Or INGREZZA SPRINKLE affects you. Drinking alcohol and taking other medicines may also cause sleepiness during treatment with INGREZZA Or INGREZZA SPRINKLE.
- Heart rhythm problems (QT prolongation). INGREZZA or INGREZZA SPRINKLE may cause a heart rhythm problem known as QT prolongation. You have a higher chance of getting QT prolongation if you also take certain other medicines during treatment with INGREZZA or INGREZZA SPRINKLE. Tell your healthcare provider right away if you develop any signs or symptoms of QT prolongation, including: fast, slow, or irregular heartbeat (heart palpitations), shortness of breath, dizziness or lightheadedness, or fainting or feeling like you are going to faint.
- Neuroleptic Malignant Syndrome (NMS). NMS is a serious condition that can lead to death. Call a healthcare provider right away or go to the nearest emergency room if you develop these symptoms and they do not have another obvious cause: high fever, stiff muscles, problems thinking, irregular pulse or blood pressure, increased sweating, or very fast or uneven heartbeat.
- Parkinson-like symptoms. Symptoms include: body stiffness, drooling, trouble moving or walking, trouble keeping your balance, shaking (tremors), or falls.

Before taking INGREZZA or INGREZZA SPRINKLE, tell your healthcare provider about all of your medical conditions including if you: have liver or heart problems, are pregnant or plan to become pregnant, or are breastfeeding or plan to breastfeed.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Make sure you tell all of your healthcare providers that you are taking INGREZZA or INGREZZA SPRINKLE. Taking INGREZZA or INGREZZA SPRINKLE with certain other medicines may cause serious side effects. Especially tell your healthcare provider if you: take digoxin or take or have taken a monoamine oxidase inhibitor (MAOI) medicine. You should not take INGREZZA or INGREZZA SPRINKLE if you are taking, or have stopped taking, a MAOI within the last 14 days.

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These are not all of the possible side effects of INGREZZA or INGREZZA SPRINKLE. Call your doctor for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit MedWatch at <a href="https://www.fda.gov/medwatch">www.fda.gov/medwatch</a> or call <a href="https://www.fda.gov/medwatch">1-800-FDA-1088</a>.

**Dosage Forms and Strengths:** INGREZZA and INGREZZA SPRINKLE are available in 40 mg, 60 mg, and 80 mg capsules.





DON'T WAIT UNTIL YOUR LOVED ONE'S HD CHOREA HAS PROGRESSED

## TAKE HD CHOREA CONTROL A STEP FORWARD TODAY WITH INGREZZA:

IMPROVEMENT STARTING AS EARLY AS 2 WEEKS\*
MORE THAN 3X GREATER HD CHOREA IMPROVEMENT VS PLACEBO AT 12 WEEKS†



When choosing treatment, start with INGREZZA® (valbenazine) capsules—an HD chorea treatment that offers simple dosing options throughout your loved one's treatment journey. Only INGREZZA is available in a sprinkle formulation for those with trouble swallowing and is always one capsule, once daily.

### ASK ABOUT INGREZZA

It could be the optimal approach to treating HD chorea for your loved one. Visit <a href="MRKEZZA.com">MRKEZZA.com</a> today to learn more.

\*INGREZZA was studied in a 12-week clinical trial of 128 patients (64 who took INGREZZA 40 mg, 60 mg, or 80 mg). The primary endpoint was change in the TMC score from the baseline to maintenance periods.

†4.6-point improvement seen with INGREZZA (n=58) vs 1.4 with placebo (n=54) in TMC score from the start to the end of the 12-week clinical study.

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