

ARE YOU READY TO DO SOMETHING ABOUT YOUR UNCONTROLLABLE MOVEMENTS?

Fill out this form by clicking on the answer(s) below that apply to you and bring it to your next psychiatrist appointment.

1 How long have you been taking medication(s) for your mental illness?

- Less than 3 months
- 3 months to 1 year
- 1 year or longer

2 How impactful are the symptoms of TD to your daily routine?

- Not impactful
- Somewhat impactful
- Very impactful

3 Which areas of your life does TD impact?

[check all that apply]

- Physical impact
(eg, household activities, sleep)
- Social impact
(eg, personal relationships, employment)
- Emotional impact
(eg, self-confidence, frustration)

4 How important is it for you to reduce your TD movements?

- Not important
- Moderately important
- Very important

5 How likely are you to take a medication that does not have any food restrictions?

- Not likely at all
- Somewhat likely
- Very likely

6 How often do your friends, family, and/or caregiver remind you to take your medication?

- Not often
- Sometimes
- Very often

What is INGREZZA?

INGREZZA® (valbenazine) capsules is a prescription medicine used to treat adults with movements in the face, tongue, or other body parts that cannot be controlled (tardive dyskinesia). It is not known if INGREZZA is safe and effective in children.

Select Important Safety Information

The most common side effect of INGREZZA is sleepiness (somnolence). Other side effects include changes in balance (balance problems, dizziness) or an increased risk of falls, headache, feelings of restlessness, dry mouth, constipation, and blurred vision.

Please see full Important Safety Information on the following page.

SHARE HOW TD HAS IMPACTED YOUR LIFE

You can also ask your friends, family, and/or caregivers if they've noticed any ways TD has impacted you or them and write them down as well.

Filled out the form? Here's what's next

Print it out and bring it to your next psychiatrist appointment to find out if INGREZZA can help you with your uncontrollable movements of TD. If you don't have a printer, email the form to yourself so you can share it through your mobile device.

 EMAIL

 PRINT

Important Information

Approved Use

INGREZZA® (valbenazine) capsules is a prescription medicine used to treat adults with movements in the face, tongue, or other body parts that cannot be controlled (tardive dyskinesia).

It is not known if INGREZZA is safe and effective in children.

IMPORTANT SAFETY INFORMATION

Do not take INGREZZA if you:

- are allergic to valbenazine, or any of the ingredients in INGREZZA.

INGREZZA may cause serious side effects, including:

- Sleepiness (somnolence).** Do not drive, operate heavy machinery, or do other dangerous activities until you know how INGREZZA affects you.
- Heart rhythm problems (QT prolongation).** INGREZZA may cause a heart problem known as QT prolongation. **Symptoms of QT prolongation may include:** fast, slow, or irregular heartbeat, shortness of breath, dizziness or fainting.
- Parkinson-like symptoms.** Symptoms include: shaking, body stiffness, trouble moving or walking, or keeping your balance.

Tell your healthcare provider right away if you have a change in your heartbeat (a fast or irregular heartbeat), or if you faint.

Before taking INGREZZA, tell your healthcare provider about all of your medical conditions including if you:

have liver or heart problems, are pregnant or plan to become pregnant, or are breastfeeding or plan to breastfeed.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins and herbal supplements.

The most common side effect of INGREZZA is sleepiness (somnolence). Other side effects include changes in balance (balance problems, dizziness) or an increased risk of falls, headache, feelings of restlessness, dry mouth, constipation, and blurred vision.

These are not all of the possible side effects of INGREZZA. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

Please see enclosed INGREZZA Patient Information or visit www.INGREZZA.com/PI

PATIENT INFORMATION
INGREZZA® (in greh' zah)
(valbenazine)
capsules

What is INGREZZA?

INGREZZA is a prescription medicine used to treat adults with movements in the face, tongue, or other body parts that cannot be controlled (tardive dyskinesia).

It is not known if INGREZZA is safe and effective in children.

Do not take INGREZZA if you:

- are allergic to valbenazine, or any of the ingredients in INGREZZA. See the end of this Patient Information leaflet for a complete list of ingredients in INGREZZA.

Before taking INGREZZA, tell your healthcare provider about all of your medical conditions including if you:

- have liver problems
- have heart disease that is not stable, have heart failure or recently had a heart attack
- have an irregular heart rhythm or heartbeat (QT prolongation, heart arrhythmia)
- are pregnant or plan to become pregnant. INGREZZA may harm your unborn baby.
- are breastfeeding or plan to breastfeed. It is not known if INGREZZA passes into your breast milk. Do not breastfeed during treatment with INGREZZA and for 5 days after the final dose. Talk to your healthcare provider about the best way to feed your baby during treatment with INGREZZA.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins and herbal supplements.

Taking INGREZZA with certain other medicines may cause serious side effects. **Do not start any new medicines while taking INGREZZA without talking to your healthcare provider first.**

How should I take INGREZZA?

- Take INGREZZA exactly as your healthcare provider tells you to. Your healthcare provider will tell you how much INGREZZA to take and when to take it.
- Do not stop taking INGREZZA without talking to your healthcare provider first.
- INGREZZA can be taken with or without food.
- If you take too much INGREZZA, call your poison control center at 1-800-222-1222.

What are the possible side effects of INGREZZA?

INGREZZA may cause serious side effects, including:

- **Sleepiness (somnolence).** Do not drive, operate heavy machinery, or do other dangerous activities until you know how INGREZZA affects you.
- **Heart rhythm problems (QT prolongation).** INGREZZA may cause a heart problem known as QT prolongation.

Symptoms of QT prolongation may include:

- fast, slow, or irregular heartbeat
- shortness of breath
- dizziness or fainting
- **Parkinson-like symptoms.** Symptoms include: shaking, body stiffness, trouble moving or walking, or keeping your balance

Tell your healthcare provider right away if you have a change in your heartbeat (a fast or irregular heartbeat), or if you faint.

The most common side effect of INGREZZA is sleepiness (somnolence).

Other common side effects include:

- changes in balance (balance problems, dizziness) or an increased risk of falls
- headache
- constipation
- feelings of restlessness
- blurred vision
- dry mouth

These are not all of the possible side effects of INGREZZA. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

How should I store INGREZZA?

- Store INGREZZA at room temperature between 68°F to 77°F (20°C to 25°C).

Keep INGREZZA and all medicines out of the reach of children.

General information about the safe and effective use of INGREZZA

Medicines are sometimes prescribed for purposes other than those listed in a Patient Information leaflet. Do not use INGREZZA for a condition for which it was not prescribed. Do not give INGREZZA to other people, even if they have the same symptoms that you have. It may harm them. You can ask your pharmacist or healthcare provider for information about INGREZZA that is written for healthcare professionals.

What are the ingredients in INGREZZA?

Active ingredient: valbenazine

Inactive ingredients: 40 mg Size 1 capsule: colloidal silicon dioxide, magnesium stearate, mannitol, and pregelatinized starch;
40 mg Size 2 capsule, 80 mg capsule: hypromellose, isomalt, magnesium stearate, pregelatinized starch, and silicified microcrystalline cellulose.

The capsule shells contain candurin silver fine, FD&C Blue#1, FD&C Red#40, and gelatin.

Distributed by: Neurocrine Biosciences, Inc., San Diego, CA 92130, U.S.A

For more information, go to www.INGREZZA.com or call 84-INGREZZA (844-647-3992).

This Patient Information has been approved by the U.S. Food and Drug Administration

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