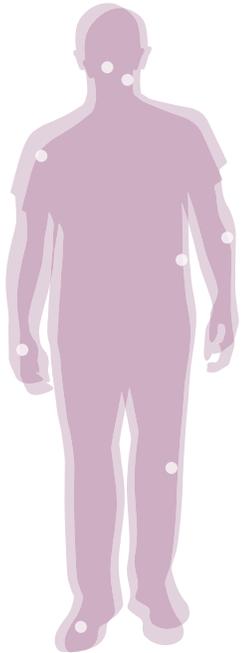




Ready to shift the focus more on you? Talk to your healthcare provider about your uncontrollable body movements

Take the first step right now by filling out our Doctor Discussion Guide and discussing the answers with your healthcare provider in person, over the phone, or online.



1. Indicate where you have uncontrollable body movements.

[check all that apply]

- Face/Jaw
- Mouth/Tongue
- Torso
- Arms/Hands
- Legs
- Feet/Toes

3. How impactful are the symptoms of tardive dyskinesia (TD) to your daily routine?

- Not impactful
- Somewhat impactful
- Very impactful

4. Which areas of your life does TD impact?

[check all that apply]

- Physical impact
(e.g., household activities, sleeping, writing, typing)
- Social impact
(e.g., personal relationships, employment)
- Emotional impact
(e.g., frustration, anxiety, worry)

2. How long have you been taking medication(s) for your mental illness?

- Less than 3 months
- 3 months to 1 year
- 1 year or longer

5. How likely are you to take a once-daily medication?

- Not likely at all
- Somewhat likely
- Very likely

What is INGREZZA?

INGREZZA® (valbenazine) capsules is the only once-daily treatment specifically designed for adults with tardive dyskinesia (TD). TD movements can occur in the face, tongue, and other body parts. It is not known if INGREZZA is safe and effective in children.

Select Important Safety Information

The most common side effect of INGREZZA is sleepiness (somnolence). Other side effects include changes in balance (balance problems, dizziness) or an increased risk of falls, headache, feelings of restlessness, dry mouth, constipation, and blurred vision.

Please see full important Safety information on the following page and accompanying INGREZZA full [Product Information](#).

Share how TD has impacted your life

You can also ask your friends, family, and/or care partners if they've noticed any ways TD has impacted you and write them down as well.

Filled out the guide? Here's what to do next

Print the guide and use it to have a discussion with your healthcare provider about TD and INGREZZA at your next appointment in person, over the phone, or online. If you don't have a printer, email the guide to yourself so you can reference it through your mobile device.

Email

Print

Important Information

Approved Use

INGREZZA® (valbenazine) capsules is a prescription medicine used to treat adults with movements in the face, tongue, or other body parts that cannot be controlled (tardive dyskinesia).

It is not known if INGREZZA is safe and effective in children.

IMPORTANT SAFETY INFORMATION

Do not take INGREZZA if you:

- are allergic to valbenazine, or any of the ingredients in INGREZZA.

INGREZZA may cause serious side effects, including:

- **Sleepiness (somnolence).** Do not drive, operate heavy machinery, or do other dangerous activities until you know how INGREZZA affects you.
- **Heart rhythm problems (QT prolongation).** INGREZZA may cause a heart problem known as QT prolongation.

Symptoms of QT prolongation may include:

- fast, slow, or irregular heartbeat
- shortness of breath
- dizziness or fainting

Tell your healthcare provider right away if you have a change in your heartbeat (a fast or irregular heartbeat), or if you faint.

- **Abnormal movements (Parkinson-like).** Symptoms include: shaking, body stiffness, trouble moving or walking, or keeping your balance.

Before taking INGREZZA, tell your healthcare provider about all of your medical conditions including if you: have liver or heart problems, are pregnant or plan to become pregnant, or are breastfeeding or plan to breastfeed.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

The most common side effect of INGREZZA is sleepiness (somnolence). Other side effects include changes in balance (balance problems, dizziness) or an increased risk of falls, headache, feelings of restlessness, dry mouth, constipation, and blurred vision.

These are not all of the possible side effects of INGREZZA. Call your doctor for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit MedWatch at www.fda.gov/medwatch or call 1-800-FDA-1088.

Please see accompanying INGREZZA full [Product Information](#)

