

ONCE-DAILY  
**INGREZZA**<sup>®</sup>  
(valbenazine) capsules

Do uncontrollable movements  
make you feel like

**disconnectING?**

It could be **tardive dyskinesia (TD)**.

Ask your healthcare provider about  
**reducING** your TD movements with  
INGREZZA<sup>®</sup> (valbenazine) capsules.



Learn more at  
**INGREZZA.com**

● Actor portrayals



## Important Information

### Approved Use

INGREZZA<sup>®</sup> (valbenazine) capsules is a prescription medicine used to treat adults with movements in the face, tongue, or other body parts that cannot be controlled (tardive dyskinesia).

It is not known if INGREZZA is safe and effective in children.

### SELECT IMPORTANT SAFETY INFORMATION

**INGREZZA can cause serious side effects in people with Huntington's disease, including: depression, suicidal thoughts, or suicidal actions.**

Tell your healthcare provider before you start taking INGREZZA if you have Huntington's disease and are depressed (have untreated depression or depression that is not well controlled by medicine) or have suicidal thoughts. Pay close attention to any changes, especially sudden changes, in mood, behaviors, thoughts, or feelings. This is especially important when INGREZZA is started and when the dose is changed. Call your healthcare provider right away if you become depressed, have unusual changes in mood or behavior, or have thoughts of hurting yourself.

Please see Important Safety Information on page 10 and accompanying INGREZZA full [Prescribing Information](#), including Boxed Warning.

# Tardive dyskinesia: Persistent, uncontrollable body movements

If you have persistent, uncontrollable movements and have taken certain mental health meds, it's time to ask your healthcare provider about a treatable condition called tardive dyskinesia (TD).

## TD movements can occur anywhere in the body:

### UPPER BODY

ARMS, TORSO,  
HANDS/FINGERS

### LOWER BODY

LEGS,  
FEET/TOES



### FACE

MOUTH, LIPS,  
TONGUE, JAW,  
EYES

### Take an important step:

Understand the cause of your uncontrollable movements and learn about treatment.

Visit [INGREZZA.com/Movements](https://www.ingrezza.com/Movements)

## What medicines can cause TD?

You may have been prescribed certain mental health medicines (antipsychotics) to treat a condition such as:

Depression                      Schizophrenia/schizoaffective disorder  
Bipolar disorder                Anxiety disorder

Certain prescription medicines used to treat gastrointestinal disorders (metoclopramide and prochlorperazine) may also cause TD.

If you are currently taking antipsychotic medicine, do not stop, adjust, or switch your medicine without talking to your healthcare provider.

View a list of meds known to cause TD at [INGREZZA.com/Meds-to-Monitor](https://www.ingrezza.com/Meds-to-Monitor)

## Select Important Safety Information

### Do not take INGREZZA if you:

- are allergic to valbenazine, or any of the ingredients in INGREZZA.

Please see Important Safety Information on page 10 and accompanying INGREZZA full [Prescribing Information](#), including Boxed Warning.

# Living with tardive dyskinesia

TD is unlikely to get better on its own, but you can take control by talking to your healthcare provider right away.

Even mild TD movements can negatively affect your work, social outings, and daily activities.\* Uncontrollable movements can create an unintended impression on the people you meet.

Those movements can also affect your emotional well-being.\*



*“Because of my TD, I was embarrassed to be out in public. I would chew gum a lot to mask the movement of my jaws. I wouldn’t attend work outings, family functions. I missed a lot of milestones because I would seclude myself.”*

– Steve, living with bipolar disorder and tardive dyskinesia

Steve was compensated by Neurocrine Biosciences, Inc. to share his story



Watch real patient stories at [INGREZZA.com/Stories](https://www.ingrezza.com/Stories)

**Is TD impacting you?** Ask your healthcare provider about reducing uncontrollable movements with #1-prescribed INGREZZA® (valbenazine) capsules—it's the only treatment proven to reduce TD that's always one capsule, once daily.

\*In a survey, 127 people diagnosed with TD were asked, “TD may impact you in many different ways. To what extent has TD impacted you in each of the following areas?” Answers were based on a scale of 1 (not impacted at all) to 7 (extremely impacted).



## CarING for someone with tardive dyskinesia

It can be tough to tell a loved one that you've noticed they have uncontrollable movements. But the sooner they're aware, the sooner they can take control by talking to a healthcare provider about diagnosis and treatment.



*“I’m glad I said something to Amy about her uncontrollable movements, because even though she was doing it, she had no clue she was doing it. If we didn’t discuss it, we never would’ve made it to where we are now, and learned about INGREZZA.”*

– Kim (right), care partner of Amy, who lives with depression and TD

Amy & Kim were compensated by Neurocrine Biosciences, Inc. to share their story

*“If you have uncontrollable movements, and you’ve had a history of taking medicines for mental health issues, you might have TD. Go to your doctor and advocate for yourself. There are treatments.”*

– Forrest (right), care partner of Moira, who lives with depression and TD



Moira & Forrest were compensated by Neurocrine Biosciences, Inc. to share their story

**If your loved one is having uncontrollable movements, they may need your support.** It’s OK to speak up. Encourage them to talk to a healthcare provider about TD.

Please see Important Safety Information on page 10 and accompanying INGREZZA full [Prescribing Information](#), including Boxed Warning.

## Select Important Safety Information

**INGREZZA may cause serious side effects, including:**

- **Sudden swelling from an allergic reaction (angioedema).** Sudden swelling has happened after the first dose or after many doses of INGREZZA. Signs and symptoms of angioedema include: swelling of your face, lips, throat, and other areas of your skin, difficulty swallowing or breathing, and raised, red areas on your skin (hives). Swelling in the throat can be life-threatening and can lead to death. Go to the nearest emergency room right away if you develop these signs and symptoms. Your healthcare provider should stop your treatment with INGREZZA.
- **Heart rhythm problems (QT prolongation).** INGREZZA may cause a heart problem known as QT prolongation. **Symptoms of QT prolongation may include:** fast, slow, or irregular heartbeat, dizziness or fainting, or shortness of breath.

**Tell your healthcare provider right away if you have a change in your heartbeat (a fast or irregular heartbeat), or if you faint.**

- **Neuroleptic Malignant Syndrome (NMS):** NMS is a serious condition that can lead to death. Call a healthcare provider right away or go to the nearest emergency room if you develop these symptoms and they do not have another obvious cause: high fever, stiff muscles, problems thinking, very fast or uneven heartbeat, or increased sweating.
- **Abnormal movements (Parkinson-like).** Symptoms include: shaking, body stiffness, trouble moving or walking, or keeping your balance.

# Introducing **INGREZZA**



INGREZZA is the only treatment proven to reduce TD that's **always one capsule, once daily**—and it's **#1** prescribed.

INGREZZA® (valbenazine) capsules is used to treat adults with TD in the face, tongue, and other body parts. It is not known if INGREZZA is safe and effective in children.



Actor portrayals

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## ReducING tardive dyskinesia

In clinical studies of INGREZZA as a treatment for TD:

**2**  
WEEKS

INGREZZA started working quickly for most people

In just 2 weeks, 64% of people taking INGREZZA started to experience fewer uncontrollable body movements.\*

**6**  
WEEKS

INGREZZA 80 mg significantly reduced TD at 6 weeks<sup>†</sup>

Additionally, 7 out of 10 people taking INGREZZA 80 mg saw reduction in uncontrollable body movements at 6 weeks.<sup>‡</sup>

**48**  
WEEKS

INGREZZA showed continued improvement of TD

At 48 weeks, more than half of those taking INGREZZA reported that their uncontrolled body movements were “much improved” or “very much improved”.<sup>§</sup>

\*In a 6-week clinical study. Post-clinical study evaluation of 149 patients who took 40 mg and/or 80 mg during the first 2 weeks and had at least a 1-point reduction on an uncontrollable movement severity scale.

<sup>†</sup>INGREZZA was studied in a 6-week clinical trial. A total of 234 people participated in the study. Results were based on 79 people taking the recommended dose of 80 mg.

<sup>‡</sup>Patients had at least a 1-point reduction on an uncontrollable movement severity scale at 6 weeks vs before treatment. This post-clinical study evaluation included 70 patients taking INGREZZA 80 mg, measuring uncontrollable movements before starting treatment and at 6 weeks of treatment.

<sup>§</sup>Study evaluation at 48 weeks. 73% of patients taking INGREZZA rated their TD severity (PGIC scale) much improved/very much improved at 48 weeks vs before treatment.

### Select Important Safety Information

Before taking INGREZZA, tell your healthcare provider about all of your medical conditions including if you: have liver or heart problems, are pregnant or plan to become pregnant, or are breastfeeding or plan to breastfeed.



# Simple dosING with INGREZZA

INGREZZA makes dosing simple from the start



Always one capsule,  
once a day



Taken any time



With or  
without food



No complex dose  
adjustments



Can be added to most  
stable mental health  
regimens

Not actual size



Actor portrayal

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Not actual size

INGREZZA is available in 3 effective dosages. The recommended dose of INGREZZA is 80 mg.

Your healthcare provider will start you on 40 mg for 1 week and may keep you on 40 mg, or switch you to 60 mg or 80 mg, depending on your treatment needs.

Take INGREZZA exactly as your healthcare provider tells you.

Your healthcare provider will tell you what dose of INGREZZA® (valbenazine) capsules to take and when to take it.

- INGREZZA can be taken with or without food
- Do not stop taking INGREZZA without first talking to your healthcare provider
- If you take too much INGREZZA, call your poison control center at 1-800-222-1222

## Select Important Safety Information

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

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## With INGREZZA, you can keep **takING** most mental health medicines

In a clinical study, psychiatric status in people taking INGREZZA® (valbenazine) capsules remained stable overall, including those who also took medicine for:



- Depression
- Bipolar disorder
- Schizophrenia/schizoaffective disorder
- Anxiety disorder

Do not stop taking INGREZZA without talking to your healthcare provider first.



*“I take INGREZZA once a day, it fits my routine. My TD movements are under control with INGREZZA.”*

Individual results may vary

– Moira, living with depression and tardive dyskinesia

Moira was compensated by Neurocrine Biosciences, Inc. to share her story

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Actor portrayal

People taking INGREZZA for TD can stay on their current dose of most mental health medicines.

Tell your healthcare provider about all the medicines you take, including:



- Prescription medicines
- Over-the-counter medicines
- Vitamins
- Herbal supplements

### Select Important Safety Information

**Sleepiness (sedation) is a common side effect with INGREZZA.**

While taking INGREZZA, do not drive a car or operate dangerous machinery until you know how INGREZZA affects you. Drinking alcohol and taking other drugs that may also cause sleepiness while you are taking INGREZZA may increase any sleepiness caused by INGREZZA.



# TakING control

You've worked hard to improve your mental health.  
Don't let uncontrollable movements hold you back.

Whether your uncontrollable body movements are mild, moderate, or severe, connecting with a psychiatry or neurology healthcare provider who has experience diagnosing and treating TD is important.

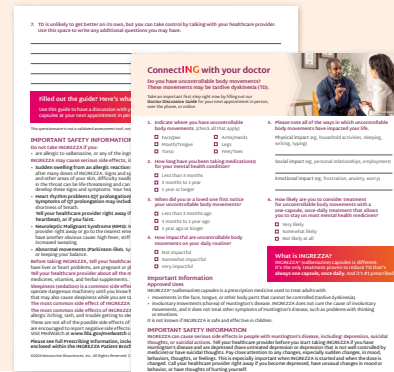


Actor portrayal

Taking control starts with asking your healthcare provider about a treatment for your uncontrollable movements. **INGREZZA® (valbenazine) capsules** is the only treatment proven to reduce TD that's always one capsule, once daily.



Actor portrayals



Need help starting the conversation about TD? Download our Doctor Discussion Guide at [INGREZZA.com/discussionguide](https://www.ingrezza.com/discussionguide)



## Select Important Safety Information

The most common side effect of **INGREZZA** in people with tardive dyskinesia is sleepiness (somnolence).

The most common side effects of **INGREZZA** in people with Huntington's disease are sleepiness (somnolence), allergic itching, rash, and trouble getting to sleep or staying asleep.

Please see Important Safety Information on page 10 and accompanying **INGREZZA** full [Prescribing Information](#), including Boxed Warning.

## Select Important Safety Information

These are not all of the possible side effects of **INGREZZA**. Call your doctor for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit MedWatch at [www.fda.gov/medwatch](https://www.fda.gov/medwatch) or call **1-800-FDA-1088**.



## INGREZZA side effects

In a clinical study, the most common side effect of INGREZZA® (valbenazine) capsules in people with tardive dyskinesia was sleepiness.

### INGREZZA may cause serious side effects, including:

- Sudden swelling from an allergic reaction, including swelling of your face, lips, throat, and other areas of your skin, difficulty swallowing or breathing, and raised, red areas on your skin (hives)
- Heart rhythm problems
- Neuroleptic Malignant Syndrome (NMS)
- Abnormal movements, including shaking, body stiffness, trouble moving or walking, or keeping your balance

### Sleepiness (sedation) is a common side effect with INGREZZA.

While taking INGREZZA, do not drive a car or operate dangerous machinery until you know how INGREZZA affects you. Drinking alcohol and taking other drugs that may also cause sleepiness while you are taking INGREZZA may increase any sleepiness caused by INGREZZA.

These are not all of the possible side effects of INGREZZA.

### What should I do if I experience side effects?

Call your doctor for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit MedWatch at [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call [1-800-FDA-1088](tel:1-800-FDA-1088).

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Actor portrayals

### A lot goes into being the #1 prescribed TD treatment:

- 27 clinical studies with over 1,470 people
- 7 years of real-world experience
- More than 1 million total prescriptions since 2017
- 3 simple and effective dosing options
- No required complex adjustment to get to an effective dose



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Actor portrayal

# INBRACE<sup>®</sup>

## SUPPORT PROGRAM

### Dedicated to helpING you on your treatment journey

The INBRACE<sup>®</sup> Support Program is designed to help patients who are prescribed INGREZZA<sup>®</sup> (valbenazine) capsules through a range of financial assistance programs.



#### Copay Savings Card

If you are eligible, a Savings Card may be applied automatically at the pharmacy, which may help you save money on your INGREZZA prescription.\*

\*This offer is valid only for patients who have commercial (nongovernment-funded) insurance. Additional terms and conditions apply.

INGREZZA is available through a select network of specialty and local affiliated pharmacies. A specialty pharmacy provides medicines that aren't typically available at your local retail pharmacy.

Once coverage has been authorized, INGREZZA will be shipped directly to you via overnight mail.

Please see Important Safety Information on page 10 and accompanying INGREZZA full [Prescribing Information](#), including Boxed Warning.

#### INGREZZA Start Program

The INGREZZA Start Program is a free trial (one-month supply) of INGREZZA available for new patients.† Your healthcare provider can enroll you in the INGREZZA Start Program by downloading the enrollment form from the INBRACE website and submitting the completed form on your behalf.

#### INGREZZA Patient Assistance Program

If you do not have prescription coverage for INGREZZA and lack the financial resources to pay for the medicine, you may be able to receive your prescription at no cost through the INGREZZA Patient Assistance Program.‡ Your healthcare provider can help you apply for the program or call 1-84-INGREZZA to learn more.

†This program is not contingent on a purchase of any kind. Product dispensed under this free trial program may not be submitted for reimbursement to any third-party payer. We reserve the right to modify or cancel the program at any time.

‡Additional terms and conditions apply.

To learn more about the INBRACE<sup>®</sup> Support Program, call 1-84-INGREZZA (1-844-647-3992) 8 AM to 8 PM ET, Monday through Friday, or visit [INGREZZA.com/Support](https://www.ingrezza.com/Support)



## Important Information

### Approved Uses

INGREZZA® (valbenazine) capsules is a prescription medicine used to treat adults with:

- movements in the face, tongue, or other body parts that cannot be controlled (tardive dyskinesia).
- involuntary movements (chorea) of Huntington's disease. INGREZZA does not cure the cause of involuntary movements, and it does not treat other symptoms of Huntington's disease, such as problems with thinking or emotions.

It is not known if INGREZZA is safe and effective in children.

### IMPORTANT SAFETY INFORMATION

**INGREZZA can cause serious side effects in people with Huntington's disease, including: depression, suicidal thoughts, or suicidal actions.**

Tell your healthcare provider before you start taking INGREZZA if you have Huntington's disease and are depressed (have untreated depression or depression that is not well controlled by medicine) or have suicidal thoughts. Pay close attention to any changes, especially sudden changes, in mood, behaviors, thoughts, or feelings. This is especially important when INGREZZA is started and when the dose is changed. Call your healthcare provider right away if you become depressed, have unusual changes in mood or behavior, or have thoughts of hurting yourself.

#### Do not take INGREZZA if you:

- are allergic to valbenazine, or any of the ingredients in INGREZZA.

#### INGREZZA may cause serious side effects, including:

- **Sudden swelling from an allergic reaction (angioedema).** Sudden swelling has happened after the first dose or after many doses of INGREZZA. Signs and symptoms of angioedema include: swelling of your face, lips, throat, and other areas of your skin, difficulty swallowing or breathing, and raised, red areas on your skin (hives). Swelling in the throat can be life-threatening and can lead to death. Go to the nearest emergency room right away if you develop these signs and symptoms. Your healthcare provider should stop your treatment with INGREZZA.
- **Heart rhythm problems (QT prolongation).** INGREZZA may cause a heart problem known as QT prolongation. **Symptoms of QT prolongation may include:** fast, slow, or irregular heartbeat, dizziness or fainting, or shortness of breath.

**Tell your healthcare provider right away if you have a change in your heartbeat (a fast or irregular heartbeat), or if you faint.**

- **Neuroleptic Malignant Syndrome (NMS):** NMS is a serious condition that can lead to death. Call a healthcare provider right away or go to the nearest emergency room if you develop these symptoms and they do not have another obvious cause: high fever, stiff muscles, problems thinking, very fast or uneven heartbeat, or increased sweating.
- **Abnormal movements (Parkinson-like).** Symptoms include: shaking, body stiffness, trouble moving or walking, or keeping your balance.

**Before taking INGREZZA, tell your healthcare provider about all of your medical conditions including if you:** have liver or heart problems, are pregnant or plan to become pregnant, or are breastfeeding or plan to breastfeed.

**Tell your healthcare provider about all the medicines you take,** including prescription and over-the-counter medicines, vitamins, and herbal supplements.

**Sleepiness (sedation) is a common side effect with INGREZZA.**

While taking INGREZZA, do not drive a car or operate dangerous machinery until you know how INGREZZA affects you. Drinking alcohol and taking other drugs that may also cause sleepiness while you are taking INGREZZA may increase any sleepiness caused by INGREZZA.

**The most common side effect of INGREZZA in people with tardive dyskinesia is** sleepiness (somnolence).

**The most common side effects of INGREZZA in people with Huntington's disease are** sleepiness (somnolence), allergic itching, rash, and trouble getting to sleep or staying asleep.

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**Please see INGREZZA full [Prescribing Information](#), including [Boxed Warning](#).**





## TreatING your TD movements



INGREZZA® (valbenazine) capsules is the only treatment proven to reduce TD that's always one capsule, once daily.



People taking INGREZZA can stay on most mental health medicines.



INGREZZA is the #1 most prescribed treatment for TD.



Take control: start by asking your healthcare provider about INGREZZA.

Scan the QR code or visit [INGREZZA.com](https://www.ingrezza.com) to learn more about treatment.

### Select Important Safety Information

**INGREZZA can cause serious side effects in people with Huntington's disease, including: depression, suicidal thoughts, or suicidal actions.**

Tell your healthcare provider before you start taking INGREZZA if you have Huntington's disease and are depressed (have untreated depression or depression that is not well controlled by medicine) or have suicidal thoughts. Pay close attention to any changes, especially sudden changes, in mood, behaviors, thoughts, or feelings. This is especially important when INGREZZA is started and when the dose is changed. Call your healthcare provider right away if you become depressed, have unusual changes in mood or behavior, or have thoughts of hurting yourself.

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